

1    ABSTRACT

2            The invention is a method making a food product expandable in the presence of  
3    microwave energy. The product is a pellet made from a milled flour, a milled starch,  
4    an oil coating. The milled flour and starch are held together by water. A crucial step in the  
5    process is coating the product with a microwave heatable substance, preferably oil. It is also  
6    important in practice to include spices within the product and in the coating. Prior to  
7    microwaving the product it is packaged in a microwavable container which is preferably a  
8    breathable plastic such as polyester which is resistant to heat and contains the moisture and heat  
9    from the process while not exploding from the pressure. The pellet may be partially, but not  
10    completely microwaved prior to beginning and are separated from one another before the  
11    microwaving process.

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